



## A Focus on Independence

The purpose of CLS is to help people live the lives they choose with as much independence as possible. Whether someone needs short-term guidance or ongoing support, CLS emphasizes building confidence, developing skills, and encouraging full participation in community life.

Every person deserves the opportunity to make their own choices, discover new possibilities, and pursue their personal goals.



### Information and Access to Services:

**810-488-8888**

**24-Hour Crisis Line:**  
**810-966-2575**

[www.scccmh.org](http://www.scccmh.org) |    

### St. Clair County Community Mental Health

3111 Electric Avenue  
Port Huron, MI 48060  
(810) 985-8900

### St. Clair County Community Mental Health Child & Family Services

2415 24th Street  
Port Huron, MI 48060  
(810) 488-8840

### St. Clair County Community Mental Health - South

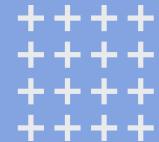
**Adult Services**  
6221 King Road  
Marine City, MI 48039  
(810) 765-5010

### St. Clair County Community Mental Health - South Child & Family Services

135 Broadway  
Marine City, MI 48039  
(810) 400-4200

### St. Clair County Community Mental Health - West

14675 Downey Road  
Capac, MI 48014  
(810) 395-4343



# Community Living Supports



**St. Clair County Community Mental Health**  
Providing Opportunities for Health, Wellness, & Connection



## About Community Living Supports:

Community Living Supports (CLS) at St. Clair County Community Mental Health (SCCCMH) offers individualized, skill-building services that assist individuals with intellectual or developmental disabilities and/or a serious mental illness to live as independently as possible in their homes and communities. Supports are designed around each person's strengths, goals, routines, and preferences, promoting greater independence, stability, and community connection.

## How Services Are Provided:

CLS services are delivered by trained, qualified staff who partner with individuals in their homes and communities. SCCC MH primarily provides CLS through contracted community providers and self-directed arrangements. The level of support is determined through the Person-Centered Planning (PCP) process.

## How CLS Helps:

CLS offers hands-on assistance with day-to-day tasks while helping individuals build the skills they need to reach their personal goals. This may include support with:

- Meal preparation, light housekeeping, and laundry
- Personal care and daily living activities
- Budgeting, paying bills, and developing money-management skills
- Attending medical appointments
- Learning routines that support health, safety, and independence
- Developing communication, social, and relationship-building skills
- Accessing and participating in community events, recreation, and activities
- Shopping for food and other necessities

Services are flexible and adapted to each person's unique needs. Some individuals may receive a few hours of support each month; others may benefit from more regular assistance throughout the week.

## Our Focus:

- Independence
- Skill-Building
- Safety
- Community Inclusion
- Personal Choice

## Who Can Receive CLS?

Community Living Supports may be available to individuals who:

- Have an intellectual or developmental disability and/or a serious mental illness.
- Are enrolled in SCCC MH services
- Would benefit from skill-building or assistance to maintain independence
- Meet medical necessity criteria (determined through the Person-Centered Planning process)

